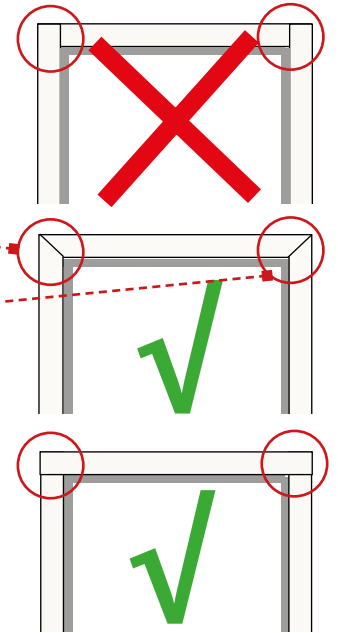
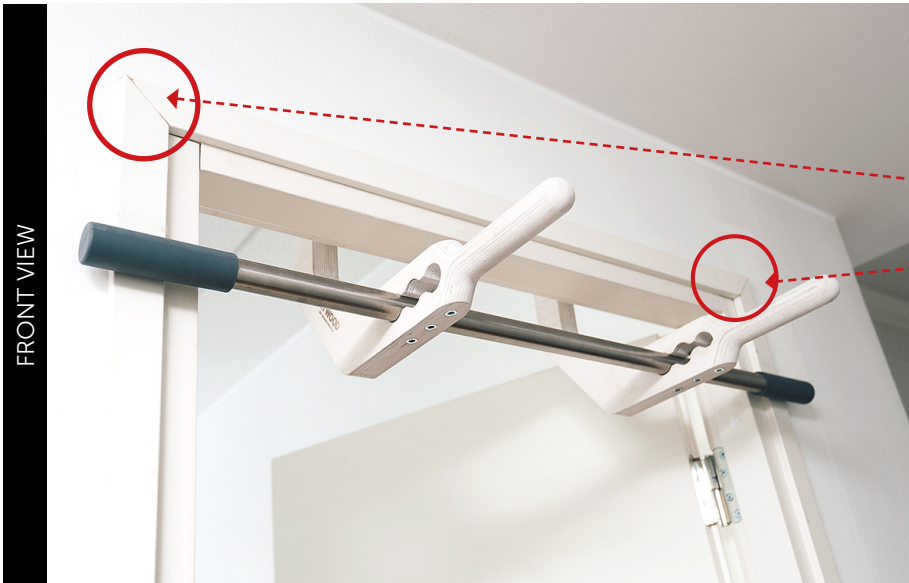


FITWOOD TROLLVEGGEN CHIN BAR - INSTALLATION REQUIREMENTS

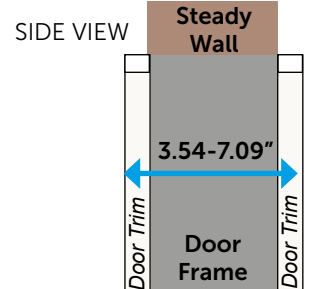
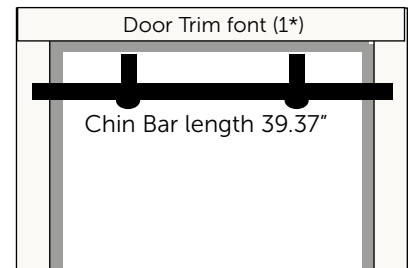
1. Check Door Trims



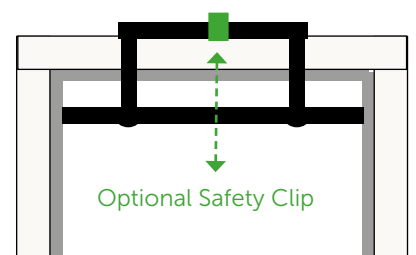
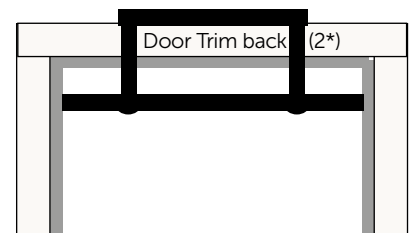
2. Check width of the Doorway and the thickness of the Wall



Choose the bar position according to wall thickness



3. Check security of the Installation



How does it work? Top of the bar rests on one side of the upper door trim (2*) and the base of the bar rests against the door trim (1*) on the other side, which keeps it in place. Because of the users body weight, both sides of the chin bar handles will be pressed against the wall and same time it will make the fixation very solid using it while training.